



Ba'al Falafel



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SANDWICHES \$10

- ROASTED CARROT & EGG:** Roasted carrots, hard-boiled egg, hummus
- CHICKEN:** chicken, garlic sauce, eyal salad
- CAULIFLOWER:** cauliflower, hummus, shepherd salad
- KOFTA KABABAB:** minced beef, hummus, fattoush salad
- FALAFEL:** falafel, hummus, shepherd salad
- BA'AL:** eggplant, humus, shepherd salad, hard-boiled egg
- FRIED EGGPLANT & ZUCCHINI:** fried eggplant, zucchini, hummus, shepherd salad
- HUMMUS:** hummus, shepherd salad
- BABAGANOUSH:** babaganoush, shepherd salad
- LABNEH:** strained yogurt, shepherd salad
- BEET:** roasted beets, hummus, shepherd salad

COMBO PLATTERS

- 4 sides \$16
- 3 sides \$14
- 2 Sides \$12

* Each platter comes with a FREE Pita *
WHOLE WHEAT or WHITE PITA

SIDES- \$5.5 EACH

- Falafel
- Hummus
- Moujadra
- Fries
- Fattoush
- Tzatziki
- Couscous
- Roasted Cauliflower
- Roasted carrots/ Beets
- Roasted potato/ -Mushroom
- Fried Eggplant/ Zucchini
- BabaGhanoush
- Beets & apple
- Quinoa Salad
- Red cabbage
- Shepherd
- Grape leaves
- Chicken
- Eyall
- Taboule
- Kofta Kababab

SALADS \$9

- MOUJADRA:** lentil, bulgar
- QUINOA:** arugula, white kidney beans, quinoa
- SHEPHERD:** tomatoes, cucumber, parsley
- TABOULE:** parsley, tomatoes, bulgar, mint
- FATTOUSH:** radish, tomatoes, cucumber, toasted pita, green pepper
- TZATZIKI:** cucumber, yogurt, mint, basil, dill
- RED CABBAGE:** red cabbage, vinegar, lemon
- EYALL:** tomatoes, hummus, cilantro, lemon
- COUSCOUS:** walnuts, cranberries, mint, cilantro
- BEETS & APPLE:** roasted beets, apples, chickpeas, feta cheese

HOMEMADE FLATBREADS \$6

- ZA'ATA:** sesame, oregano, olive oil, sumac
- CAULIFLOWER:** roasted cauliflower, cilantro, scallions
- MUSHROOM:** roasted mushrooms, onions, leek

SOUPS \$ 6.5

- BA'AL SOUP:** tomato, couscous, chickpeas, parsley
- LENTIL SOUP:** lentil, celery, carrots, cilantro, cilantro
- LEEK FENNEL SOUP:** leek, fennel, potato, garlic
- CHICKEN SOUP:** chicken, celery, carrots, carrots, freekeh
- SPINACH SOUP:** chickpeas, spinach

DESSERTS

- BAKLAVA \$3

SMOOTHIES \$8 (16 oz.)

*OUR SMOOTHIES ARE DAIRY FREE & NO ADDED SUGAR**

- Banana, Date, Cardamom
- Mango Pineapple
- Berry Blend
- Mango Apricot
- Soy Berry Banana

COLD DRINKS

- SODA (\$2.50)
- WATER (\$1.50)
- PERRIER ((\$2.50))

HOMEMADE DRINKS \$4.50

- Watermelon Basile (seasonal)
- Mint Lemonade
- Iced Tea
- Orange Juice

Order Online! www.baalfalafel.com

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